

## Identification and Analysis of MRSA Isolated From Sources of Clinical, Milk and Sewage Samples Collected In Chennai

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### Abstract

Methicillin Resistant staphylococcus aureus is a common problem at the community level worldwide. India like countries which are not having standard quality control measurements and poor hygiene, are the major sufferer. Hence the protocols should be applied to monitor antibiotic resistance in all media like clinics and waste water for better control. Here in this study samples from our hospital clinical, milk of suspected from bovine mastitis cases and wastewater bodies were surveyed for MRSA by PCR and sequencing. Phylogenetic analysis of *mecA* gene revealed the strong relationship between clinical, milk and waste water isolates through mobile genetic transfer. So the results exhibiting high proportions of MRSA in all the three categories, urging better city and town planning.

**Keywords:** MRSA; PCR; Sequencing; Phylogenetic tree; Clinical; Wastewater; Milk

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Methicillin Resistant *Staphylococcus aureus* (MRSA) commonly found in hospital associated infections and is increasing in number at the community level [1] and it is also known as the commonest cause of dairy cattle mastitis [2]. MRSA mainly spreads clonally and clonal transmissions between humans and animals have already been reported. MRSA CC398, also known as livestock associated MRSA has been shown to be present in farm animals and humans indicating that they may not be host-species restricted [3]. Thus the burden of MRSA infections in many European countries, including Denmark, Germany, and the Netherlands has increased of late [4]. The genetic relationship of *S. aureus* isolated from cattle and humans was assessed in India [5].

In recent times, methicillin resistant bacteria have been reported in wastewater treatment plants and environmental water samples as well [6]. Since a large part of the antibiotics consumed by humans ends up in wastewater, the antibiotics may exert selective pressure resulting in the emergence and transmission of the resistance-conferring genes in antibiotic susceptible organisms, it was proposed. Nonetheless, the presence of  $\beta$  lactamase genes (*bla*TEM and *bla*CTX-M9) of *E. Coli* and *mecA* gene of MRSA in bacteriophages DNA isolated from environmental water samples, indicating that phages are reservoirs of resistance genes in the environment, implies that the horizontal gene transfer through mobile genetic elements (MGEs) like plasmids, transposons or bacteriophages might be responsible for the presence of observable level of drug resistance in the environment [7]. Acquiring drug resistant infection from water bodies hence

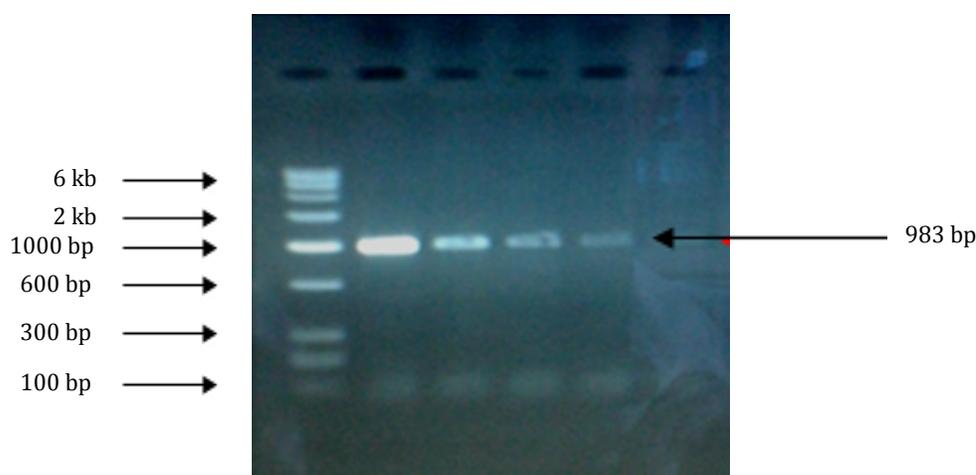
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cannot be ruled out. This becomes a major issue in high population density third world countries with poor sanitation and environmental degradation

Here we report our pilot study on the MRSA isolates from the outskirts of Chennai, a Z metropolis in Southern India, with 10 million people. MRSA isolates (40 numbers) from Clinical samples isolated in routine clinical laboratory services were obtained from the repository, Department of Microbiology, Chettinad Hospital and Research Institute (CHRI), Chennai and used as controls for the study. Milk samples (N = 20) were collected from mastitis affected dairy cattles reared around CHRI between June 2016 and November 2016. Sewage samples (N = 12) were collected from waste water treatment plant, Perungudi, Chennai between July 2015 and July 2016.

Waste water samples were collected in 500-ml sterile bottles containers, transported to the laboratory on ice and processed within 4 hours of collection. *Staphylococcus spp* were identified by morphological and biochemical characteristics. Samples from our hospital clinical, milk samples of suspected from bovine mastitis cases and wastewater bodies were surveyed for methicillin resistant *Staphylococcus spp.* by PCR and sequencing. Three PCR primer sets were designed to study the whole length, using Primer 3.0 software for *mecA* gene of MRSA.

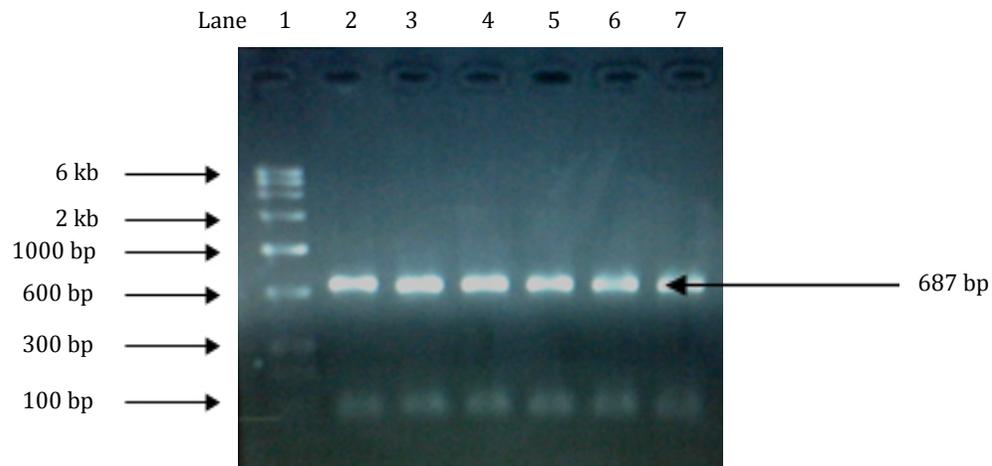
The hospital, milk and sewage isolates was found to have variation in 601bp to 900bp region after building multiple sequence alignment in CLUSTALW ([www.ebi.ac.uk/Tools/msa/clustalw2](http://www.ebi.ac.uk/Tools/msa/clustalw2)). The phylogenetic tree constructed for this region is shown in Figure 4. The bootstrap values are shown in branches. Phylogenetic analysis of *mecA* gene sequences of *Staphylococcus spp.* isolates collected from different sources like hospital, milk and waste water showed that hospital isolate *S. aureus* was found to be related to European isolates (X52592, KF175393, HE579073, CP001844, AB25823) except TN/CN/H1/12 which was associated with Australian isolate (JQ412578), milk source *Staphylococcus epidermidis* was found to be related to Brazil, UK, France and China isolates (CP005288, HG515014, GU451307, CP002643) and sewage source *S. aureus* was found to be related to Australian isolate. Among TN hospital, milk and sewage water isolates sequenced, TN/CN/SEW 1, 2, 3/14 form the group with TN/CN/H1/12 and TN/CN/H4/14 with TN/CN/BM5/14. This interlink age strongly elucidates development of isolates among hospital, milk and sewage water sources by transfer of genetic elements. Hence there may be a possibility of transmission of MRSA between humans, animals and environment. Therefore it is necessary to include the measures between animal and human transmission in particular environment for better understanding of antibiotic resistance control.



**Figure 1:** PCR amplification of *mecA 1* gene with specific primers.

Lane 1:- 100 bp DNA ladder

Lane 2, 3, 4, 5 and 6 - *mecA 1* gene 983 bp



**Figure 2:** PCR amplification of *mecA 2* gene with specific primers.

Lane 1: 100 bp DNA ladder

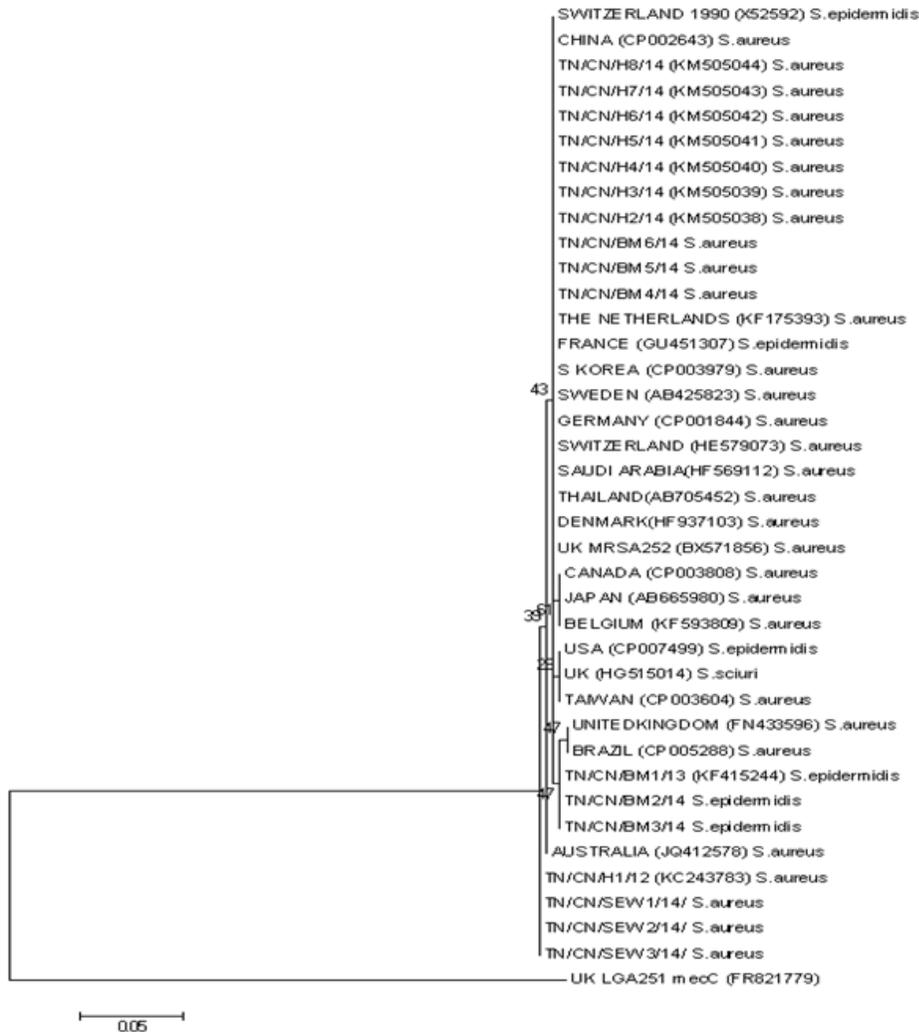
Lane 2, 3, 4, 5, 6 and 7 - *mecA 2* gene 687 bp



**Figure 3:** PCR amplification of *mecA 3* gene with specific primers.

Lane 1: 100 bp DNA ladder;

Lane 2, 3, 4, 5, 6 and 7:- *mecA 3* gene 660 bp



**Figure 4:** Phylogenetic tree was constructed by Maximum likelihood method using MEGA V.6. Numbers at the branching points represent the percent occurrence in 1,000 random bootstrap replications. UK LGA251 mecC [8] (out group) is a homologue of mecA gene and is used in phylogenetic tree construction for rooting the tree.

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